



# DUN ALUINN

## JOIN US FOR OUR FIRST DESIGN, HEALTH & WELLNESS WEEKENDS

Our vision is to provide an immersive experience, allowing you to switch off and disconnect from the daily pressures. We have designed a truly unique program for the weekend, with a focus on design, as well as health and exercise, matched lovingly with fabulous healthy produce from our partners Ballintaggart Farm. We want you to deeply breathe in the fresh Highland air and return home fully refreshed and energised.

### FRIDAY EVENING

Arrival at Dun Aluinn and settle in with a nice Gin & Tonic on the terrace

3 Course Dinner with Ballintaggart Farm followed by Chocolate Tasting with the Highland Chocolatier

### SATURDAY MORNING

Instructor led yoga and/or pilates on the terrace or a local run/walk from the house

Followed by breakfast on the terrace, (weather permitting)

Choose from Wild flower arrangements with Wild Gorse Studio or electric Mountain Biking  
or Cooking / Baking Master Class with Ballintaggart Farm

### SATURDAY AFTERNOON

#### ARTIST / DESIGN WALKING TRAIL IN ABERFELDY

Visit to Ryan Hannigan Fine Art & Design and learn the art of Letterpress.

Visit Lindsay Turk Fine Art. Visit the workshop of award winning Furniture Maker, Angus Ross.

Tour of Glen Lyon Coffee Roaster followed by visit to the Watermill Bookshop and Cafe.

Option for Adventure Hike/Local Munroe Hike or Kayaking on the River Tay

### SATURDAY EVENING

5 Course Taste of The Highlands dinner with Ballintaggart Farm



[www.dunaluinn.com](http://www.dunaluinn.com)





### SUNDAY MORNING (Relaxed Start to the day)

Instructor led yoga and/or pilates on the terrace or a local run/walk from the house, followed by breakfast

### SUNDAY AFTERNOON

Choose from

- Highland Safari - 4x4 tour up the mountains
- or Calming Canadian Canoeing on Loch Faskally
- or Foraging & Chocolate

### SUNDAY EVENING

Loch Tay Crannog evening event - music, storytelling and whisky tasting at the Crannog  
BBQ on the Terrace

### FABULOUS FOOD

Ballintaggart Farm (Michelin Guide Entry 2020) will serve fresh, local and seasonal produce, delivered with real passion. All meals will be tailored to guests dietary requirements, including vegetarian and vegan options

### NICE LITTLE EXTRAS TO NOTE:

- Our wood fired Hot Tub, nestled in the woods, will be available to guests throughout the weekend, private slots can be booked
- Ballintaggart Farm will serve wines at dinner from their wine collection, final bills for wine will be settled at the end of the week for each guest.
- Airport and train transfers can be arranged. 90 mins from Edinburgh and Glasgow airport, 25 mins from Dunkeld train station
- Dun Aluinn has 9 bedrooms, the Lodge has 4 bedrooms (opening in April), all with en-suite bathrooms. Rooms will be allocated on a first booked basis

This is NOT a boot camp, you can opt in and opt out of any activity or during the weekend

### 2021 WEEKEND DATES AND PRICES

28th May to 31st May

11th June to 14th June

3rd September to 6th September

**£1,500** per person (double bedroom en-suite)

**£2,500** per couple / friend sharing (double or twin bedroom en-suite)

Costs include full catering & soft drinks and all activities and events.

Transport and Wine are additional costs



For more information or if you wish to book, please email us.

Susan Reid **T:** 07766 885270 **E:** enquiries@dunaluinn.com

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